

### 13.0 Fees

The fees are detailed in the current fee brochure 'Guide to Fees of Fertility Treatment with Donor Sperm'. Your fertility specialist will also advise you on the fees you will incur and any final queries can be dealt with when you consult with the Donor Coordinator.

### 14.0 Treatment of Single Women and Same Sex Couples

Fertility East does not discriminate in this respect and promotes responsible reproduction. You will be assessed for suitability on medical grounds alone.

### 15.0 Contact Details

For further preliminary information please contact the Donor Sperm Coordinator on telephone 02 93891177 between 10.00am and 3.00pm, email to [donor@fertilityeast.com.au](mailto:donor@fertilityeast.com.au).  
Web: [www.fertilityeast.com.au](http://www.fertilityeast.com.au)

### 16.0 Location

Fertility East, Level 26, Westfield Tower 1  
520 Oxford Street, Bondi Junction 2022

#### Donor Process Steps

##### Step 1: Referral

- General practitioner referral for recipient (and partner)

##### Step 2: Fertility Specialist Appointment

- History
- Examination
- Fertility and screening tests ordered e.g. blood tests, X rays
- Basic donor information

##### Step 3: Appointment with ANZICA registered counsellor

- For recipient (and partner)
- For known donor (and partner of known donor)
- For all partners in cases of known donation

##### Step 4: Follow up Fertility Specialist Appointment(s)

- Once all testing and counselling completed and the recipient (and partner) are ready to proceed, signing of consent forms and personal conception plan (PCP)

##### Step 5: Recipient(s) Orientation with Sperm Coordinator

- Fee payable at this visit
- Guide through website and sperm choice options
- Review of current legal status
- 4 Consent forms for ordering discussed
- Order dates clarified
- No treatment can start until donor sperm stored in clinic
- Order placed for specific number and type of vials.



#### CLINIC HOURS

Monday to Friday - 8.00am to 4.30pm

Saturday - 9.00am to 1.00pm

All appointments

02 9389 1177

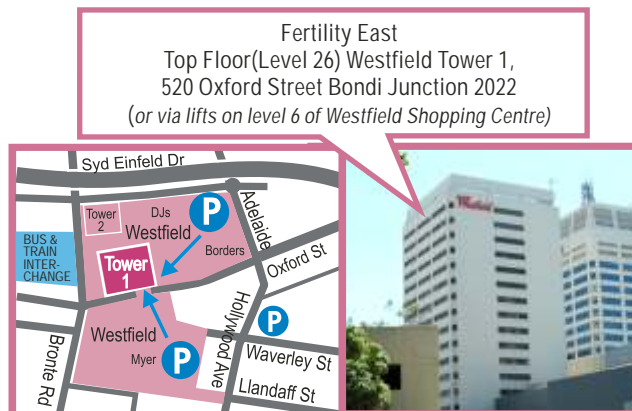
#### BLOOD COLLECTION HOURS

Monday to Friday - 8.00am to 9.30am

Saturday - 9.00am to 9.30am

No appointments necessary

Results Mon-Fri between 2pm and 3pm



- 1 minute walk from Bondi Junction Bus Terminal and Train Station
- 2hr free parking in Westfield

*Our success is your baby*

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Fertility Australia Pty Ltd A/T/F The Fertility Australia Trust  
ABN 22 482 157 084

Sperm Donor Recipient

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*Assisted Conception Clinic*

*Sperm Donor Recipient*

02 9389 1177

*Our success is your baby*

[www.fertilityeast.com.au](http://www.fertilityeast.com.au)

## Introduction

This brochure is designed to provide recipients of donor sperm with information regarding the process required in the selection of, and treatment with donor sperm. The following sections summarize the relevant information.

### 1.0 Legislation

Current NSW legislation has been in force since January 2010. In addition to donors being identifiable (i.e. when the child reaches 18 years and if desired can be given contact details for the donor) a donor register is also being kept.

Please review the relevant brochures at the bottom of the page at:

<http://www.health.nsw.gov.au/hospitals/phc/art.asp>

These brochures provide information on the following topics:

- Information for parents
- Information for donors
- Information for donor conceived individuals
- Information on the Central donor register in NSW

Under section 14 of the NSW Status of Children Act 1996, a semen donor is presumed not to be the legal father of any child born as a result of assisted reproduction using donor semen. This means that the donor will generally not be liable under the laws governing child support, inheritance and related issues. In most cases, the legal parents of the child will be the birth mother and her male partner, if she has one.

- If you wish to obtain further information about this or any other legal issue associated with your donation, please seek legal advice.

### 2.0 Counselling

Counselling for recipients of donor sperm is mandatory. Fertility East has its own counsellors but previous counselling by an external counsellor, that is attached to a fertility clinic and who is a member of ANZICA, may be acceptable. Relevant legislation must be attended to by the counsellor you see. If you have already been seen by an approved external counsellor, a written report is required to be sent to Fertility East. This report is confidential.

### 3.0 Cooling-off Period

A three (3) month cooling-off period exists prior to treatment commencing. This cooling-off period begins from when you see your treating doctor.

### 4.0 Identifiable Donation

All forms of gamete donation in NSW, whether sperm, eggs or embryos has to be identifiable. Identifiable means that all donors must consent to the release of identifying information to any child born as a consequence of their donation once that child reaches 18 years of age. It is important that you understand the ramifications of this and it will be discussed at your counselling session. Accessing of information is dealt with in section 1. Legislation.

### 5.0 Anonymous Donation

This is no longer legal in Australia, but remains legal in some countries. This was the most common form of sperm donation. The donor is anonymous to the recipient. This anonymity was preserved at all times.

### 6.0 Known Donors

You can source your own donor if you know someone who has agreed to donate sperm to you. Counselling is mandatory for this donor, and any partner he may have. He will also be required to have a semen analysis to check that he is fertile and then mandatory health checks and screens. A cooling-off period is also required. Once the sperm has been frozen (cryopreserved) there is a mandatory 6 month quarantine period after which further screening tests are performed on the donor and provided these are negative the sperm can be released for use.

### 7.0 Rights of Donors

The identifiable donor's rights are described (see Information for Donors under 1 Legislation). The donor also has the right to withdraw consent up until the point of the use of his gametes. Once an insemination or fertilization procedure has occurred, he has no further rights to those gametes, including any embryos that may have been created. Once Fertility East has been notified of the death of a donor his remaining sperm will be withdrawn from use, unless he has given permission for it further use.

### 8.0 Limits to Recipient Families

Donors offered by Fertility East can currently be allocated to a maximum of 5 recipient women. Once the limit has been reached, that donor can only be made available for subsequent further pregnancies of these recipients. Recipients can sometimes reserve sperm for this purpose.

However, if all the donated sperm has been used and the donor is unwilling to make further donations, then the donor cannot be forced to make further donations and another donor would need to be selected.

### 9.0 Source of Donors

Availability of local donors is restricted and this is a common problem faced by all Australian fertility clinics. We are continuously attempting to recruit new donors. We have been able to source donor sperm from overseas to help fill this gap.

- 9.1 Assistance with obtaining local or overseas sperm donors is provided by the Sperm Coordinator at Fertility East.
- 9.2 Fertility East will satisfy itself that the donor you select meets all the criteria as outlined in its donor program policy.
- 9.3 It is important to source enough donor sperm for your treatment requirements as it is not uncommon for a donor who is currently available, to be unavailable in 3 or 4 months time. Please discuss your requirements with the Sperm Coordinator at Fertility East.

In order to maintain medical and legal requirements, Fertility East cannot assist with the importation of sperm from non-recognised IVF facilities or Sperm Banks.

### 10.0 Donor Selection

Fertility East provides non-identifying information on all donors. This information typically includes height, build, eye colour, complexion, hair colour, blood group etc. The amount of information available varies from donor to donor and sourced donor material. Some of the overseas clinics provide photographs and more detailed information on education and family life. When this information has been made available it is up to you to make a selection. It is important to make sure you are happy with the selection. You do have the right to withdraw from this selection prior to treatment, but you are still responsible for any costs incurred once the sperm has been ordered.

### 11.0 Getting Started: Step1 Consultation with a Specialist Fertility Doctor

To receive treatment at Fertility East you need to be under the care of a fertility specialist accredited with this clinic. This doctor will be responsible for all aspects of your treatment. Your first step is a consultation with your fertility specialist who will discuss your suitability for treatment (medical grounds only) and in consultation with both of you, decide the best treatment option for you. Patients (couples or single women), will require a referral from a GP to see the specialist and you should ask for an indefinite referral as the treatment can extend over a long period of time.

(Please assist us by not contacting Fertility East or the donor coordinator as this will follow your specialist's consultation.)

### 12.0 Treatment

There are two types of treatment. For more information please consult the IVF Information hand book ([www.fertilityeast.com.au](http://www.fertilityeast.com.au) > FAQs > Downloads). The two types of treatment are:

- *Insemination* The sperm is placed in the uterus at around the time of ovulation. The procedure is similar to having a PAP smear. Please consult clinic staff and the IVF Information hand book for details of the procedure and costs. Some follicle stimulating hormones (fertility drugs) may be used with such a treatment plan. Importantly, the success rate of insemination is only about 10% per insemination in the 35 to 38 year old age bracket. It is higher if you are younger and lower if you are older. A minimum of 1 straw is required per insemination. The Donor Coordinator will discuss the amount of sperm you require.

- *IVF* Is a more complicated procedure than insemination and will place more demands on your time. However, the success rate is much better, with 30% per cycle being the norm in the 35 to 38 year old bracket. Please consult the IVF Information patient hand book for the details of this procedure. Your fertility specialist will discuss the risks and benefits of all procedures and will assist you in planning your treatment.